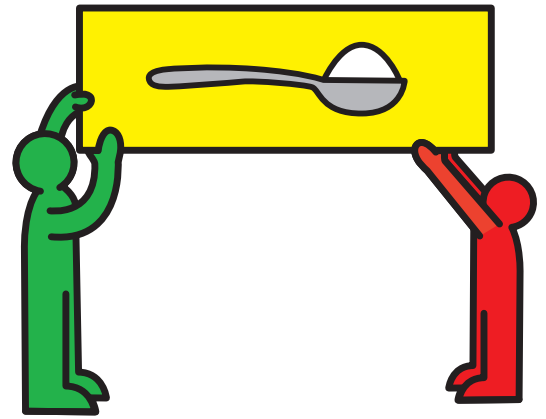


Sugar ranking cards



Below you will find a selection of nine different types of food and drink.

Your task is to rank them in order from those which contain the least amount of sugar to the most amount of sugar. So you can compare them we have listed how much sugar is in a portion of each item.



Chocolate biscuit



Can of cola



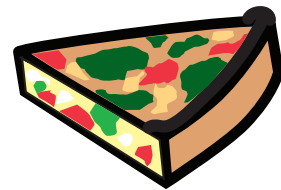
Sugary cereal (without milk)



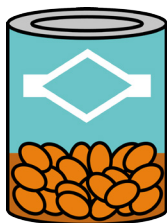
Packet of ready salted crisps



150ml glass of orange juice



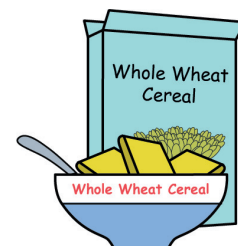
Slice of pizza



Half a can of baked beans



45g of salted peanuts



Wheat biscuit cereal (without milk)