

How can different drinks affect our teeth?

We all know that it is important to look after our teeth. We do this by:

- Brushing them
- Visiting a dentist
- Flossing

But it is also important to make sure we do not drink too many fizzy and sugary drinks.

Your task is to find out which drinks are most damaging to our teeth.

We do not want to use our own teeth in the experiment, so we will use eggshells because they are made from a similar material.



You will need:

- A selection of different drinks.
- Some small containers such as plastic cups
- Small pieces of eggshell.
- A recording sheet for your prediction and results.

Tip: You do not have to use whole eggs – the experiment will also work with small pieces of egg-shell in each cup.

I wonder what the eggshells will look like after being left in different drinks.