



# Staying safe online

The internet can be a wonderful place, but we must be SMART!

Do you know what these symbols are? Fill in the gaps underneath and take a guess how old you must be to use these sites.



If you see something you do not like on the internet. What button can you press to get rid of it? Circle your options.



Report / Mark as Spam



Clue: If you want to get rid of something you don't like. You should close it as soon as possible, show it to an adult, or report it.

Anything you say on the internet will be there forever.

Imagine squeezing toothpaste out of a packet. It is impossible to get back in. This is like comments on the internet. Once they are out, they cannot be taken back!

Can you suggest 3 ways you should treat people online?



- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### The benefits of the internet:

- Socialise with friends.
- Have fun on games.
- Learn new things.

### The dangers:

- Cyber-bullying
- Unfriendly people
- Viruses
- People who we don't know seeing our posts!

Task 1: Complete the multiple-choice questions on this page. How good is your internet safety knowledge?

### Task 2:

Watch at least one of the videos on this website, and create a poster about how you can stay safe online: <https://www.childnet.com/resources/video-lessons>

Task 3: Complete the quiz on: <https://www.childnet.com/young-people/primary/smart-rules-quiz>

The main thing to remember is:  
Be smart and safe by making the right choices.  
If you are ever unsure,  
**ask for help and advice.**  
Do not deal with it alone!



