




**EAT
SLEEP
INTERNET
REPEAT**

**THURSDAY
22ND OCTOBER
10:00-12:00**

Are you aware of the dangers that the internet poses to your children?
Join us so you know what to do before your child runs into difficulties

We are offering an opportunity to support you to:

- know what your child is doing online?
- feel more confident in making sure your child's online experience is safe?
- How to apply setting restrictions on your devices
- Understand how to talk to your children about E Safety

Currently our children are using technology more than ever socially, academically and for fun!

For parents – Thursday 22nd October 10am (2hrs)

Spaces are limited and booking is essential on this **FREE** workshop

Book now:

<https://tinyurl.com/e-safety-22nd-Oct-10am>

For more information: <https://aclessex.com/community-family-learning-online/>