



William Martin C of E Schools and Nursery

This half term's value is:

Courage



Autumn 2020

Courage

This half term's value is Courage.

Courage is being able to face our fears.

It is having the inner strength to be the best that we can be.

Courage is doing what we know is the right thing, even when it is very difficult.



INHALE
COURAGE
EXHALE
FEAR

"It takes courage
to deal with
failures.
It takes courage
to admit when
you are wrong."
R Dooley

www.wowu.com

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Family Corner

You can support your child by talking to them about courage. Ask the question: 'What are you really afraid of?' Consider how to overcome fears by being with and confiding in other people, friends and family. Nothing is ever as frightening when you are not alone.

'Sometimes the biggest act of courage is a small one.'

At home you could discuss this statement with your children and decide what you think it means. This half-term have a go at doing something reasonably challenging and see it through to the end; it could be something like jumping into a swimming pool for the first time, having a shot at ice skating or removing stabilisers from a bike.

Encourage your children to be honest about their fears and try to overcome them bravely together. Having courage is also about being able to admit your mistakes.





St Stephen's Church

Please visit St Stephen's Church YouTube channel to view videos about courage:

https://www.youtube.com/channel/UCTZkquOkeuCgoPII_V3nkyw

Thought of the half-term:

Who inspires you to be courageous? Where do they find the inner strength to show courage? How can you show courage today, tomorrow and in the future?